

**Indira Gandhi Medical College & Research Institute,
Puducherry**

(A Government of Puducherry Institutions)
Kathirkamam, Vazhudavur Road, Puducherry- 605 009

SOP for starting of classes for I MBBS students in IGMC&RI

The regular classes for the I MBBS students will begin on 16.02.2022. The first week will be a foundation course dedicated for a brief orientation to the institute and the course, as per the NMC guidelines.

INSTRUCTIONS TO THE STUDENTS:

- All students will apply for their college ID card and wear it in the campus always.
- On the first day, all students will report to First floor auditorium, College building for thermal scanning and self-declaration of COVID symptoms and vaccination.
- All student above the age of 18 are expected to have been fully vaccinated against covid (Covishield/ Covaxin/ any other GOI approved vaccine). Those below 18 years should have received atleast one dose of Covaxin, unless advised otherwise by the treating physician.
- Those with symptoms will be immediately referred for testing. They may join the course after 7 days or after symptoms subside
- All students are instructed to report to screening area of the hospital if they develop symptoms of COVID at home/ hostel or in the institute. (contact Covid nodal officer Dr. Surendran Mob. No.86818 15555)
- If a student staying in the hostel is found to be COVID-19 positive, he/she will be placed in isolation with continuous monitoring. He/ she will be treated as advised by the clinical team. Information about their health status will be communicated to the parents immediately. Covid-19 positive students will not be permitted to attend classes until recovery.
- All the students should bring their own masks, sanitizers and food carrier.
- Thermal scanning will be done at each point of entrance everyday
- All students must strictly adhere to infection control practices of wearing 3 ply mask always, frequent hand washing/ sanitizing, avoiding crowded places.
- Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing of used tissues properly.

- They should follow social distancing norms while eating in the mess, in washrooms, libraries, parking areas etc.
- They should dispose disposable/ soiled face masks, caps, N95 masks, shoe covers etc in the designated coloured dustbins provided and avoid littering the campus
- Students are also encouraged to share information about their health conditions, co- morbidities with their faculty members. (Staff advisor: Dr. Niraimathi Mob. No.94425 25695)
- Counselling and mental health services are available in the institution.
- Students are encouraged to share their feelings with friends, teachers and parents; remain positive, helpful, eat healthy and sleep timely.
- They are encouraged to eat healthy food and fruits, avoid junk food, frequently drink warm water, adopt ways to improve immunity.
- Please support your friends under stress due to the Covid pandemic.
- The batch-wise timetable along with timings and venue will be displayed on the students notice board as well as available on the institute website

HOSTEL GUIDELINES:

- Students should ensure physical distancing in the hostels. They should continue wearing their masks and follow hand-hygiene in the hostels also.
- Density in dining halls, common rooms, playing areas will be limited, keeping in view the requirement of physical distancing.
- Entry of the visitors of the students into the campus/ hostels is discouraged.
- Hostel warden will specify the number of students in dining halls at any point in time. Mess timings will be increased to avoid overcrowding.

INSTRUCTIONS FOR PARENTS:

- The parents should ensure that their children observe safety norms at home and whenever they go out.
- Parents should not allow their children to go out, if they are not feeling well.
- Parents may be advised that the 'Aarogya Setu App' has been downloaded by their children.
- Parents should ask them to do exercise, yoga, meditation and breathing exercises to keep them mentally and physically fit.
- Parents should inform the institution if their ward/ family member develops symptoms or is tested positive.
- Parents should self-disclose any health issue or co-morbidity that their

ward may be having to ensure better and rational treatment choices and management.

- IGMC&RI follows various COVID-19 guidelines issued by the Government of India and Government of Puducherry from time to time. It is the students' responsibility to strictly adhere to the COVID-19 safety instructions and any breach may make them vulnerable to get infected. All students are requested to always abide by the prescribed norms to keep themselves safe.

Prepared by : Dr. Kavita Vasudevan

Approved by: Dean

Day 1 (16/02/2022) Schedule for 1st MBBS Students (2021-22 Batch)

Date	Time	Topic	Faculty
	09.00 – 11.00	Hostel Admission Process	Academic Section
16.02.2022 Wednesday Venue : Auditorium, First Floor, College Block	11.00 – 01.00	Covid-19 Screening for hostel students and filling declaration forms for Day Scholars	Dept. of Community Medicine
	02.30 – 02.45	Welcome Address	Dr. Ramachandra V Bhat, Dean, IGMC & RI
	02.45 – 03.15	Keynote Address	Dr. C. Udayashankar, Director, IGMC & RI
	03.15 – 03.45	Introduction to Foundation Course	Dr. Kavita Vasudevan, Professor & Head, Dept. of Community Medicine, MEU Coordinator
	03.45 – 05.00	Orientation to College campus, facilities, administrative structure, support systems & processes	Foundation Course Team